

Ice Safety Rules

In winter, ice is a source of serious danger to life. If you want to go fishing or walk on the ice crust, you should remember the rules to prevent an extreme situation and even save your life.

It is strictly prohibited to:

- Go out on the ice alone
- Crowd or gather together in a small area of the ice crust
- Move on the ice crust at night or in poor visibility conditions (snowing or raining)
- Go out on the ice while intoxicated
- Go out on the ice less than 10 centimeter thick
- Jump, make sudden movements, kick the ice to check its thickness
- Move on the ice carrying heavy bags or backpacks or with your hands in your pockets
- If the ice cracks under feet, you need to walk in sliding steps, without lifting feet from the surface, but placing them at shoulder length to distribute the load over a large area

You may go out on the ice, when it is at least 10 centimeter thick.

If you fall through the ice:

- Spread your arms wide along the edges of the ice not to be soused over head
- If possible, move to the edge, where the current will not carry you under the ice
- Without breaking the edge, without making sudden movements, get out onto the ice, crawling on your chest and alternately pulling your legs out to the surface, spreading them wide
- Get out by rolling and crawling to the shore

To rescue a person who has fallen under the ice:

- Immediately shout that you are going to help
- Crawl to the ice hole with your arms open
- Put skis, plywood or board under you to increase the bearing area
- Do not crawl to the very edge of the ice hole, otherwise you will find yourself in the water
- Use a belt, scarf, board, skis, sledges and throw these objects 3-4 m in front of the person
- Act decisively and quickly
- Provide the person with available means, pull him/her out onto the ice and crawl away from the danger zone